

# Adstock Clarion



## Happy Easter Everyone

We hope you enjoy this bumper edition, packed full of updates from local clubs, St Cecilia's and all the parish news, plus an update from the Orchard and Rural Ronnies, which is a superb venue on our doorstep. There are also children's colouring competitions to win yummy Easter Eggs and lastly look out for details of the Circus coming to Pilch Farm, the Chilli & Darts Night, Race Night, Open Gardens, and our very own Phantom of the Opera. How Eggciting....!

*Have a lovely Easter and May Bank Holidays, from Jenny & Claire*

## So, as it's Easter, it got me thinking....Why do we paint Easter Eggs?

Easter eggs are commonly chicken eggs that are decorated for Easter, celebrating the resurrection of Jesus. The oldest tradition, in Central and Eastern Europe, is to dye and paint chicken eggs.

This custom can be traced to early Christians of Mesopotamia, and from there it spread into Eastern Europe and Siberia through the Orthodox Churches and later into Europe through the Catholic and Protestant Churches. Mediaevalist scholars concluded the roots of Easter eggs were in the prohibition of eggs during Lent, which were then blessed at Easter.

The practice of decorating eggshells is quite ancient, with decorated, engraved ostrich eggs found in Africa aged 60,000 years old. In the pre-dynastic period of Egypt and the early cultures of Mesopotamia and Crete, eggs were associated with death and rebirth, as well as with kingship. Decorated ostrich eggs, and representations of ostrich eggs in gold and silver, were commonly placed in graves of ancient Sumerians and Egyptians as early as 5,000 years ago.

Traditionally in England, eggs were wrapped in onion skins and boiled to make their shells look like mottled gold, or first wrapped in flowers and leaves in order to leave a pattern. Another way to create a pattern can be by tying on the onion skin with different coloured wool or to achieve different colours boil the eggs in natural substances such as tree bark, walnut shells or beet juice.

**Have fun and Enjoy!!**



Source: <https://de.wikipedia.org/wiki/Benutzer:Goldi64>

## SURVEY

Since the beginning of the New Year the Adstock Clarion has been emailed as a PDF document and we hope you have seen the benefits of this method. *Increased content, colour, images, easier to click on links, can be sent to more contacts, no limit to size of articles, adverts can also include live links, updates and errors can easily be fixed, as well as being environmentally friendly to name but a few.*

We are fairly sure that most people are able to access their emails or Facebook via their mobiles or computers, and if they wish, can print off any relevant pages. We hope therefore, this means that the number who may be experiencing difficulties in accessing the Clarion are fairly small. If you know of a neighbour, friend or relative who does not have printing or IT facilities and would prefer to receive a printed copy, please let us know and we would be happy to print off a few and hand deliver.

As a note: Marian Mason who used to organise the printing and delivery of the Clarion, door to door, within the village had a stoic band of people who would go out in all weathers to do the deliveries. Unfortunately, most of these people have either left the village, or are now of an age. So, if anyone would be willing to deliver, to some or all of the village, then please do let us know.

We'd like to gauge the feeling on this subject, as we've had a few comments on the fore's and against of only emailing, and so we thought it best to ask all those who currently receive the Clarion via email how they would like to continue receiving it.

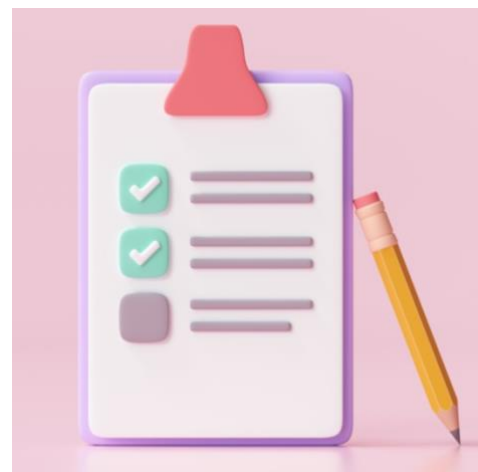
We would be grateful if you could email [villageadstockclarion@gmail.com](mailto:villageadstockclarion@gmail.com) by return, with your choice of 1, 2, or 3.

1. **Yes via email**
2. **Yes printed & delivered**
3. **No I do not wish to receive a copy - thank you**

If you know of anyone who is not on email and/or is not receiving the Clarion but would like it, please can you send us their reply and details as well pls.

Many thanks for your support.

**Marius, Jenny & Claire**



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**Contact Emails for the Clarion:** [villageadstockclarion@gmail.com](mailto:villageadstockclarion@gmail.com); [claireandholland@gamil.com](mailto:claireandholland@gamil.com)

# ADSTOCK PARISH COUNCIL

Chairman: Cllr Simon Walker, Vice Chair: Cllr Neil Fraser-Smith

Councillors: Cllr Chris Cornish, Cllr Doug Randall, Cllr John Stone, Cllr Paul Salver

Email: [admin@adstockvillage.inf](mailto:admin@adstockvillage.inf)

Web: [www.adstockvillage.info](http://www.adstockvillage.info)

**WE REQUIRE YOUR INPUT ON ANY ISSUES YOU WOULD LIKE US TO ADDRESS.**

Please email with any ideas / suggestion [admin@adstockvillage.info](mailto:admin@adstockvillage.info)

**PLANNING APPLICATIONS: PLEASE go to the website to add any comments objections etc.**

**Planning Applications as at 27/03/2023:** To view more details please go to [www.buckinghamshire.gov.uk/planning-and-building-control/view-and-comment-on-a-application](http://www.buckinghamshire.gov.uk/planning-and-building-control/view-and-comment-on-a-application)

**POTHLES:** See the following from Buckinghamshire Council.

Reference	Address	Type	Status
21/03473/APP 21/03474/ALB	Adstock Cottage East Street Adstock Buckinghamshire MK18 2HZ / Replacement of windows, installation of one new window and two roof lights	Application	Awaiting decision
22/01337/ADP	Adstock Manor Main Street Adstock Buckinghamshire MK18 2HT / Submission of details of means of access, external appearance, landscaping, layout and scale for the erection of three dwellings and a storage barn with one dwelling above pursuant to outline planning permission 18/04635/OAP	Application	Awaiting decision
22/02809/APP	Adstock House East Street Adstock Buckinghamshire MK18 2HZ / Demolition of existing commercial buildings and associated hardstanding areas and erection of 2No. of 4 Bed residential dwellings inclusive of associated works.	Application	Decided
23/00693/APP	The Old Punchbowl & Grapes Main Street Adstock Buckinghamshire MK18 2HU / Householder application for proposed driveway & drop kerb	Application	Awaiting decision
22/04053/CPE	Birds Cottage Main Street Adstock Buckinghamshire MK18 2HT / Certificate of Lawfulness for existing use of land as ancillary parking area in association with Birds Cottage, Main Street, Adstock.	Application	Awaiting decision

Remember you can report on [www.fixmystreet.bucksc.gov.uk](http://www.fixmystreet.bucksc.gov.uk)

## Potholes and road defects

We will fix emergency repairs within two hours of being reported – these are classed as ‘category 1’ defects where the road is unsafe. We have repaired **209 of these this January**, compared with **27 at the same time last year**. We then have a further class of repairs (under ‘category 1’ and ‘2’) – those not classed as an emergency, but that do need urgent attention to prevent further deterioration. This year we’ve carried out **3,142** of these types of repairs compared to **1,260** at the same time last year.

The reason we have seen this sharp increase is mostly down to the weather, namely a period of freezing weather followed by damp and wet conditions. The water expands when it freezes, pushing the tarmac apart and breaking up the road when it thaws. It’s happened across the network and has led to our teams ‘firefighting’ to cover all the repairs. We have crews out round the clock including weekend working.

*We've also seen the impact of the freeze and thaw on water pipes with a surge in leaks and burst pipes which obviously have to be repaired, but again are causing further disruption to the road network because a higher number of emergency road closures are needed. It's a perfect storm, a familiar story of winter, and ultimately, our priority is to keep the roads safe, before we can undertake full repairs during warmer, drier conditions.*

*It's essential that you continue to report any defects to [FixMyStreet](#) so that alongside our regular inspections we can also be alerted to any issues as quickly as possible.*

### **Types of repairs we carry out**

*These repairs are temporary to make the road safe, and then we schedule in a permanent repair for the damaged road. Why do we do it like this? It's because:*

- A temporary repair allows us to complete far more repairs, it uses different crews, equipment and materials and is about making the road safe.*
- A permanent repair is a different, bigger job, needing longer road closures, different equipment, and is more costly. This is why we wait until the better weather to carry out these repairs; we don't want to waste money on costly jobs that we know run a higher risk of failing.*

*I am very much aware that in some cases some of our temporary fixes don't last long, but the reality is that the best time to fix road defects permanently is when the weather is dry.*

## **NEXT meeting Tuesday 2<sup>nd</sup> May 20.00**

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**USEFUL LINKS:** 2 new links – that may be of interest

**'Food Champion'** scheme. Residents are invited to set up a food collection service in their road/street which then gets donated directly to local food banks.

[www.buckinghamshire.gov.uk/news/become-a-food-champion-and-help-your-local-community/](http://www.buckinghamshire.gov.uk/news/become-a-food-champion-and-help-your-local-community/)

**'Welcoming Spaces'** are also in place within libraries across Bucks- these are free, safe spaces where someone may go to keep warm, save money, look after health, get free access to support, advice, wifi etc. Find your nearest space here:

[www.buckinghamshire.gov.uk/cost-of-living/find-a-place-to-keep-warm-welcoming-spaces/](http://www.buckinghamshire.gov.uk/cost-of-living/find-a-place-to-keep-warm-welcoming-spaces/)

**Highways and footpaths:** Please report any issues on

[www.fixmystreet.buckscc.gov.uk](http://www.fixmystreet.buckscc.gov.uk)

[www.ramblers.org.uk/advice/improve-the-path-network/creating-a-right-of-way.aspx](http://www.ramblers.org.uk/advice/improve-the-path-network/creating-a-right-of-way.aspx)

[www.buckscc.gov.uk/services/environment/public-rights-of-way/report-a-rights-of-way-issue/](http://www.buckscc.gov.uk/services/environment/public-rights-of-way/report-a-rights-of-way-issue/)

**Local Community Board.**

[www.buckinghamshire.gov.uk/community-and-safety/improving-your-local-community/winslow-community-board/](http://www.buckinghamshire.gov.uk/community-and-safety/improving-your-local-community/winslow-community-board/)

**School Computers**

[Get laptops and tablets for children who cannot attend school due to coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

**Heart of Bucks:** [heartofbucks.org/education-employment-digital-poverty-young-people/](http://heartofbucks.org/education-employment-digital-poverty-young-people/)

**Helping Hands:** [www.buckinghamshire.gov.uk/coronavirus/get-support-food-and-energy-bills-over-winter/](http://www.buckinghamshire.gov.uk/coronavirus/get-support-food-and-energy-bills-over-winter/)

Simon Walker



# ADSTOCK VILLAGE HALL

## Available to hire for £15 per hour

- Includes tables, chairs, kitchen facilities and an outside area
- Suitable for children's parties, local club nights or art displays
- Outside Chairs & Tables also available to hire

Unfortunately, there is limited parking outside, so hire is more suited to village activities.



For private bookings please contact Heather Brogden: [willsontheweb@hotmail.com](mailto:willsontheweb@hotmail.com)

For event bookings please contact Alaina Cornish: [adstockevents@gmail.com](mailto:adstockevents@gmail.com)

## VILLAGE HALL EVENTS - DATES FOR THE DIARY 2023

22 <sup>nd</sup> April	Darts Night – see ad for more info – limited spaces available
3 <sup>rd</sup> & 4 <sup>th</sup> June	Open Gardens
25 <sup>th</sup> June	Circus at Pilch Farm – see advert for more info
9 <sup>th</sup> September	Safari Supper
7 <sup>th</sup> October	Adstocktoberfest – Orchard Event
11 <sup>th</sup> November	Quiz
3 <sup>rd</sup> February 2024	Winter Quiz

## THE CORONATION

There are currently no plans for a village event to mark the Coronation weekend, but the Village Hall is available for booking should anyone like to volunteer to arrange something.

# Village Coffee Morning

Pop in for a chat with the locals, find out what's going on and maybe meet some new neighbours. All welcome....bring cash.

**20th April**

Held on the 3rd Thursday of each month  
in the Village Hall, 11am - 12.30pm

# ***Darts and Chilli evening***



+



*At time of  
going to press  
Only 2  
tables left*

***Saturday 22<sup>nd</sup> April***

***7.00pm for 7.30pm start***

**Tickets £15 per person**

Open to players and non-players (same price)

Donation bar (wine, lager and ale, soft drinks) £5 corkage per bottle for

Bring Your Own to support fundraising.

**Darts players in teams of 2**

Please book early as numbers are strictly limited due to hall capacity

Please contact: [Adstockevents@gmail.com](mailto:Adstockevents@gmail.com)

For tickets and dietary requirements

(Mailbox will be checked every few days so please allow time for a reply as run by busy volunteers!)



# ROLL UP, ROLL UP! THE BIG TOP IS COMING TO PILCH FARM!

Padbury school and pre-school PFA are delighted to present Happy's Circus!

- Join us Sunday 25th June for a magical afternoon of thrills with dazzling displays from acrobats, aerialists, magicians and dancers – plus a little comedy thrown in from the clown.
- In addition to the amazing Happy's Circus we are being joined by mouth-watering local food vendors, craft stalls a bouncy castle and more.
- *Happy's Circus provides a professional all human (no animals) 2.5-hour experience presented by an experienced touring team.*
- Limited ticket numbers so buy early to avoid disappointment.
- Gates open at 12.00 with the circus performance starting at 14.00
- Tickets are priced at £12 each, or £40 for 4 - discount applied at checkout.
- Under 2s are free - no ticket required (must sit on an adult's lap)
- Don't forget to buy your parking ticket only £1 per car
- Children must be accompanied by an adult.



**We can't wait to see you!**

*Tickets are already on sale via the following link or scan the QR Code*

<https://tinyurl.com/padburycircus>

This event is fundraising for Padbury CE School and Pre-School PFA (registered charity number 1175574)  
Money raised from this Circus Event will go towards purchasing equipment and experiences that will promote mental wellbeing in our children and enhance learning opportunities.





Padbury School PFA

# Happy's Circus

25th  
June



12-4pm

Pilch Farm, Singleborough, MK19  
ONX

FOOD STALLS, BOUNCY CASTLE, BAR, CIRCUS SCHOOL

Performance starts 2pm

TO BOOK ONLINE TICKETS PLEASE VISIT  
[HTTPS://TINYURL.COM/PADBURYCIRCUS](https://tinyurl.com/padburycircus)

TICKET PRICES  
£12 EACH, 4 X TICKETS £40  
(ONE ADULT PER 4 TICKETS)  
UNDER 2S FREE ON LAPS





# News from St Cecilia's



After the hectic weeks leading up to Christmas we have settled back into our normal pattern of services on the first and third Sundays of each month. There will be an additional 10.30am service on 9<sup>th</sup> April to celebrate Easter Sunday.

Behind the scenes the PCC – and many volunteers – clean and polish, arrange flowers and organise events. We are fortunate that Dora Smith, as part of her Bronze Duke of Edinburgh award, is currently undertaking a number of the more time consuming 'annual' jobs, for which we are all very grateful.

We are also organising a 'Spring-clean-up' day for the churchyard on Thursday, 27<sup>th</sup> April from 5-7-30pm. We hope to see you there as 'many hands make light work'.

Organisation of our Open Gardens weekend is well underway, but we do need more gardens and volunteers. Please help if you can.

Jill Lord  
07540 990567

**Adstock**  
**Musical Open Gardens**

*Saturday 3rd & Sunday 4th June*  
**gardens open from 2pm-6pm**

Other activities include:  
~ Pimms & Ice Cream Musical Garden ~ Beer Garden with Music ~ Tractor Rides  
~ Plant Stall ~ Bag A Bottle ~ Tea & Cakes in the Village Hall

More activities to be confirmed, keep checking on  
[facebook.com/AdstockOpenGardens](https://facebook.com/AdstockOpenGardens) for the latest updates

Please bring Cash. Tickets valid for both days. Dogs permitted on leads but not in all gardens.

All proceeds to support St Cecilia's Church,  
village organisations and local projects

**Tickets £5 each & Children Free**

**\*\* More Gardens Needed.....please contact the Clarion if you wish to open your garden\*\***

# CLUB NEWS

## ADSTOCK BOOK CLUB

The book this time was 'The Locked Room' by Ellie Griffiths, one of a series set in deepest Norfolk, featuring Dr Ruth Galloway, a forensic archaeologist, and Detective Chief Inspector Harry Nelson.

The story takes place during the Covid pandemic. This is handled really well and with sensitivity – the difficulties with Lockdown and trying to solve the case.

**Plot:** a 60 year old woman is found dead in a locked room, apparently a suicide. There appears to be other suicides all of a similar age. To DCI Nelson this just doesn't seem right. Ruth embarks on a quest of her own. Going through her mother's things in London, she finds an old photo of her Norfolk cottage, taken in 1963!?

We enjoyed the book, but felt she has written better books within the series

Ellie Griffiths is the pen name of Domenica de Rosa.

**Sue Grenstead**



### VOLUNTEERS & DONATIONS

Just an hour of your time over any of the two days.  
All sorts of help needed from glass washing  
to garden sitting.

Contact Corinne for more details  
on 07766 086623 or email [coz16@me.com](mailto:coz16@me.com)

## Adstock

### Musical Open Gardens



### Sat 3rd and Sun 4th June - Gardens open 2pm-6pm

Leave plants on the step at  
Adstock Cottage, East St



Ready potted outdoor  
plants or veg seedlings,  
add plant identity on  
pots or sticks

All types of  
Potted Plants  
& Homemade  
Cakes  
welcome



Drop off at Village Hall the night before

**\*\* Plants required from mid April onwards ...**



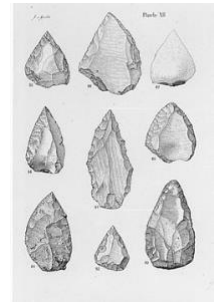
# The History of the World in Seven Materials

The History of the World in Seven Materials was presented by Mr Marius Perkins, a retired lecturer in material science.

## 1) Stone Age Tools

Marius' talk covered the beginnings, and the use, of flint and stone tools which were utilised by early man as early as 2.6 million years ago.

Flint was used in the manufacture of tools during the Stone Age as it splits into thin, sharp splinters called flakes or blades when struck by another hard object.



### *Tutankhamun's iron dagger*

Marius explained that well before the start of the Iron Age, at around 1,200 BC to 550 BC, iron contained in meteorites was used to fashion one of the first iron daggers to be discovered. This dagger was found in Tutankhamun's tomb. Tutankhamun was born in 1,341 BC. and ruled Egypt from 1,333 BC till his death in 1,323 BC.



## 2) Copper & Otzi's Axe

Just before the Bronze Age, around 3,300 BC, copper had been used to make tools and weapons. A good example of this is Otzi the iceman's axe. Otzi lived between 3,360 BC and 3,105 BC.

Otzi was discovered on 19 September 1991 by a couple from Heidelberg, Germany, who were hiking high in the Tirolean Alps when they spotted what turned out to be a desiccated, yellow-brown human body lying at an altitude of more than 3,200 metres (10,500 feet) by the Similaun glacier in the Ötztal Alps. At first believed to be one of the modern corpses that occasionally come to light in these mountains, the Iceman, Similaun Man, or "Ötzi," as the body was nicknamed, proved to be the oldest fully preserved human that has so far come down from prehistory.



## 3) Bronze Age Sword



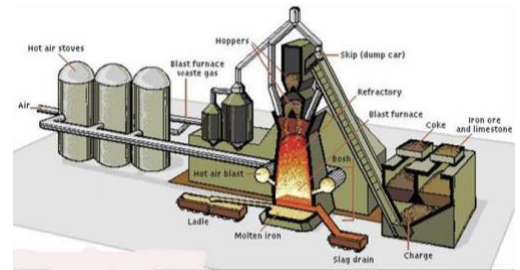
The Bronze Age marked the first-time humans started to work with metal. Bronze tools and weapons soon replaced earlier stone versions. Ancient Sumerians in the Middle East may have been the first people to enter the Bronze Age. Humans made many technological advances during the Bronze Age, including the first writing systems and the invention of the wheel. In the Middle East and parts of Asia, the Bronze Age lasted from roughly 3300 to 1200 B.C., ending abruptly with the near-simultaneous collapse of several prominent Bronze Age civilizations.



The first Bronze Age swords appeared between 1700 and 1600 BC and were tapered and lightweight like and elongated dagger. Unfortunately, these early swords, which were known as rapiers were too soft to sustain repeated blade-to-blade contact and had to be repaired and sharpened regularly.

#### 4) Iron & Steel

Marius discussed the invention of the blast furnace and the smelting of iron ore and then went onto the production of different types of steel. The first blast furnaces appeared in the 14th century and produced one ton per day. Even though equipment is now improved and higher production rates can be achieved, the processes inside the modern blast furnace remains the same as those of the 14<sup>th</sup> century. A blast furnace uses coke, iron ore and limestone to produce pig iron.



#### 5) Concrete

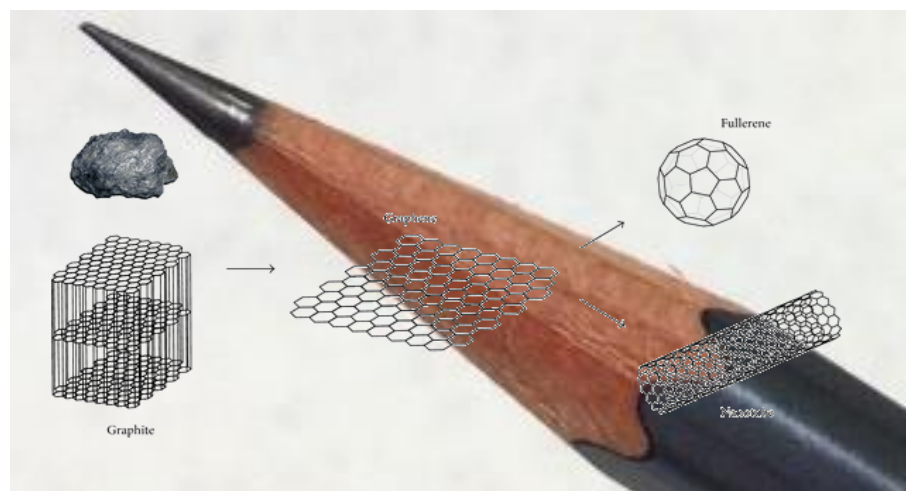


The next crucial material Marius spoke about was concrete. The earliest recorded use of concrete was in 6500 BC, with the earliest recorded structures made using concrete back to a similar time and were created by Natataea traders, or Bedouins, in southern Syria and northern Jordan.

#### 6) Carbon

Carbon has been around for billions of years but was first recognised as an element in the second half of the 18<sup>th</sup> century. The name “Carbon” was proposed by A.L. Lavoisier in 1789 from the Latin “carbo” meaning “charcoal”.

There are three basic forms of carbon Diamond, Graphite and Fullerenes, which include nanotubes and “Bucky balls”, such as Buckminster Fullerene. These are termed allotropes of carbon.





## 7) Plastics

One of the most important of modern materials and possibly the one that has had the most effect on us, plastic. Belgian chemist Leo Baekeland pioneered the first fully synthetic plastic in 1907. He beat his Scottish rival, James Swinburne, to the patent office by one day. His invention, which he would christen Bakelite, combined two chemicals, formaldehyde and phenol, under heat and pressure. Baekeland had been searching for a synthetic substitute for shellac, a natural electrical insulator, to meet the needs of the rapidly growing electrification of the United States.



Now of course plastics are everywhere including within our own bodies some on purpose but most by accident.

Though plastic has become one of the most versatile and useful materials ever, plastic pollution has in fact become one of the most pressing environmental issues in man kinds short history, as rapidly increasing production of disposable plastic products are overwhelming the world's ability to deal with them. Plastic pollution is most visible in developing Asian and African nations, where garbage collection systems are often inefficient or non-existent. The

developed world, especially in countries with low recycling rates, also has trouble properly collecting discarded plastics. Plastic trash has become so ubiquitous it has prompted efforts to write a global treaty negotiated by the United Nations.

Plastic is swamping our landfills, seas and vast swathes of land, but it is also having a detrimental effect on all life on Earth. It has been shown that micro plastics, anything under 5mm in length are making their way not only into our bodies and those of all other living things but is also present in new born babies. Let's hope scientists and engineers around the world are able to develop ways of mitigating these effects and allow us to clear our environment of this insidious contaminant in the not-too-distant future.

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Our next **Science Club** meeting will be on **Thursday 20th April at 7:30pm** and will be presented by Adstock resident Robert Beadel, who will be talking about one of the most famous, even infamous, studies of obedience in psychology.

The study was carried out in 1963 by Stanley Milgram, a psychologist at Yale University. To investigate human behaviour during the holocaust, he conducted an experiment focusing on the conflict between obedience to authority and personal conscience. The results were both surprising and shocking and are still discussed today.

*Marius Stuart*

01296 712 561

[Marius.stuart@btopenworld.com](mailto:Marius.stuart@btopenworld.com)

Science Club Web Site: [www.theadstockscienceclub.co.uk](http://www.theadstockscienceclub.co.uk)



# ***THE ADSTOCK HISTORY CLUB***

The talk in February started by discussing Adstock, which has a long and interesting history.

In 1066 Adstock is mentioned in the Domesday Book. It was called Edestoch, which means Eadda's Farm.

**William the Conqueror gave the manor of Adstock to his illegitimate son William Peverel.** During the reign of King Stephen, Peverel assisted in poisoning Randolph, Earl of Chester, and had to flee the country. Peverel's lands, which included Adstock and large estates in Derbyshire, were given, by Henry the Second, to William Avenal.

**In 1665 Adstock became a town!** The neighbouring towns of Winslow and Buckingham were infected with bubonic plague, and Adstock received a charter to establish itself as a town so that a market could be held. In 1685 the charter was removed and Adstock was reinstated as a village

**During World War 11 there was a bombe in Adstock!** The bombe was a device used by British cryptologists to help decipher German secret messages during the war. The first Bombe, named Victory, had been installed in Hut 1 in Bletchley Park in March 1940, and the 2<sup>nd</sup> bombe named Agnus Dei (Agnes or Aggie) appeared in August 1940. Because of the danger of these bombes being lost if there were to be a bombing raid, bombe outstations were established in Adstock, (in the stables and out buildings to Adstock Manor), Gayhurst and Wavendon. New outstations were established at Stanmore and Eastcote, and the Wavendon and Adstock bombes were moved to them, though the Gayhurst site was retained. The few bombes left at Bletchley Park were used for demonstration and training purposes only.

**The population of Adstock has fluctuated between 222 in 1931, and a high of 445 in 1831.** In the 2001 Census the population of Adstock was 415, in 2011 it was 363.

**In May 1990 a village Newsletter, called Contact, was started in Adstock.** 15 issues were delivered to houses between May 1990 and June 1994, and it then changed its name to The Clarion.

Documents Letters, newspapers, books and the internet all provide information about the past. Contact, and now The Clarion, provide a fascinating look at the modern history of Adstock, and mention individuals and events which are easily forgotten. For instance the Valentines dinner, the St George's Day meal, the antique valuation evening and all those safari suppers, quiz nights, Crazy Whist events. There was an Afternoon Club which planned for future events including guest speakers, bring and buys, whist drives etc.

We have copies of all the Contacts, and the Clarions - if anyone would like to look at them. The only issue that is missing is the first Clarion which was delivered in 1994 – if anyone finds a copy we would love to see it.

Our **next meeting** will be on April 26<sup>th</sup> and will be our annual **History Quiz**.

Last year's winners - Jill, Brian, Hilary and Marian – will no doubt be hoping to win a prize once again.

# ADSTOCK CLUB HISTORY QUIZ

## ????????????

Wednesday 26<sup>th</sup> April at 7.30pm

£5

(Free to History Club members)

For further details, or to book a place, telephone 01296 712 561

Or email [Jenniferanne.stuart@btopenworld.com](mailto:Jenniferanne.stuart@btopenworld.com)



All villagers are welcome to attend – you do not have to provide a team, as everyone is ‘put’ in a team on arrival.

Hope to see you all then!

*Jenny Stuart*

01296 712 561

[jenniferanne.stuart@btopenworld.com](mailto:jenniferanne.stuart@btopenworld.com)



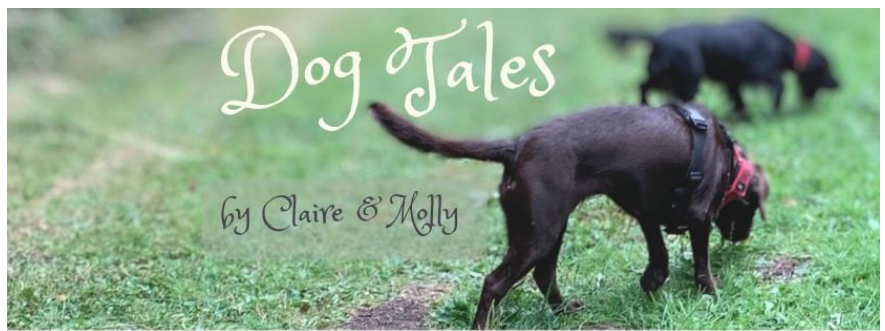
**Corzo & Wood**

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[info@corzoandwood.co.uk](mailto:info@corzoandwood.co.uk)  
[www.corzoandwood.co.uk](http://www.corzoandwood.co.uk)

# Dogs and Chocolate!



I'm sure it's happened to someone reading this...but it's that time again, when Vets get stocked up on remedies for dogs who have sneakily eaten their way through someone's Easter Egg collection! I can hear the screams now. Not only from dog owners but the children who have lost their egg stash as well.



All is not lost though, as it depends on the type and amount of chocolate versus the weight of your dog. Chocolate contains theobromine, a chemical similar to caffeine, which dogs are particularly sensitive to. In large amounts this can be poisonous, cause an overstimulation of their muscles, including the heart, as well as just making them feel generally unwell.

## What to look out for:

- *Darker and more expensive chocolates usually have more theobromine and therefore are more harmful.*
- *Milk chocolate is lower but could still have enough to be dangerous, it is also high in fats and sugar which is very tempting for dogs.*
- *White chocolate contains little theobromine however is very high in fat and can cause issues with the pancreas*
- *Drinking chocolate is relatively low but does depend on the brand, but cocoa powder contains high levels of theobromine, sometimes even higher than dark chocolate.*
- *Cocoa shell mulch is very high in theobromine, so for gardeners with dogs, it is recommended not to use this on their flower beds or where dogs are likely to be sniffing about.*
- *Sugar free chocolate sometimes contains xylitol, which is especially poisonous to dogs, it can cause liver failure and a drop in blood sugar to dangerous levels.*

## Symptoms to look for:

- *Being sick or stomach pain*
- *As it's a stimulant the dog may become excitable or develop twitching, tremors or start fitting.*
- *Drinking a lot, dribbling, not walking straight and fast breathing.*
- *It can be fatal, if they have eaten a lot – so contact your vet as soon as you notice something is wrong. Can take from 4 – 24 hours to show any symptoms.*
- *To help the vet, keep all the packaging so that he can work out how much chocolate has been consumed and therefore how to treat the symptoms.*
- *Don't try and make them sick, unless the vet tells you to, it can sometimes make it worse.*

Chocolate is as irresistible to them as it is to us, so keep it out of paws reach at all times. **Happy Easter!**

## Credits:

<https://www.thekennelclub.org.uk/health-and-dog-care/health/health-and-care/a-z-of-health-and-care-issues/chocolate-poisoning-in-dogs/>

Image Courtesy of .flickr.com/people/46723181@N02



**Adstockistan**  
**Adstock Community Orchard**



As we enter spring, the bookings for exclusive use of Adstockistan and Rural Ronnie's are increasing, and we just want to make the village aware of what is happening up the lane, so there are no surprises:

<b>23<sup>rd</sup> April</b>	Choral and classical music in Rural Ronnie's
<b>29<sup>th</sup> April</b>	Birthday party with live music in Rural Ronnie's
<b>13<sup>th</sup> May</b>	Prize giving for the North-West Bucks Agricultural Association
<b>20<sup>th</sup> May</b>	Classical concert in Rural Ronnie's
<b>27<sup>th</sup> May</b>	Birthday party
<b>3<sup>rd</sup> June</b>	Open Gardens. Choir concert and Tractor rides to the orchard during the day
<b>4<sup>th</sup> June</b>	Tractor rides to the orchard for Open Gardens.
<b>9<sup>th</sup> – 21<sup>st</sup> June</b>	Buckinghamshire artists exhibiting in the orchard and Rural Ronnie's
<b>24<sup>th</sup> June</b>	Birthday party with live music.
<b>1<sup>st</sup> July</b>	An all-day celebration/memorial with DJ and live bands. This maybe slightly more disruptive as this is not a local booking, but every effort will be made to keep disturbance from traffic and sound to a minimum.
<b>8<sup>th</sup> July</b>	Birthday party with music in Rural Ronnie's
<b>5<sup>th</sup> August</b>	Wedding in the orchard, with live music in Rural Ronnie's
<b>7<sup>th</sup> October</b>	Adstocktoberfest.

Adstockistan is for everybody, but if you would like to have exclusive use please use the booking calendar.

<http://www.adstockistan.com/calendar/>

As a fundraising orchard, the rules are simple, if you want exclusive use, your event has to have a fundraising element. Generally 100% of the money goes to Afghanaid, but that certainly does not preclude you from donating to other worthy causes that might be close to your heart. Thank you so much to everyone who has supported the orchard by booking or attending the various public events such as Adstocktoberfest or the Wassail and giving so generously, it really is appreciated.

**Please phone Jo – 07712897366 if you need help booking or for any other enquiries.**

# Karate Fit

Karate Fit is the new way to keep fit in Adstockistan since the sad departure of Muscles Mike and Jayne to Devon.

**It is expertly run by Tom Finchett and is separated in to 2hour long sessions on Mondays from 7pm in Rural Ronnie's or the orchard when it gets lighter.**

The first session concentrates on fitness through karate and the second session concentrates on various techniques of self-defence.

It is a wonderful invigorating way to start the week and is strongly recommended by all who have attended so far. It is for every one of all abilities.

If you are interested in joining call or text Jo on 07712897366 who will add you to the WhatsApp group.

The cost is a donation of at least £2 per week, 100% of which goes to an excellent charity in Delhi that supplies after school education and food to slum children, Shiksha Rath. <http://www.shiksharath.org>



**Thursday morning 9.30-10.30am**

## **Hatha yoga Class with Lynn Patton**

**Adstock Village Hall £10/class**

**An established class with places now available - move your body, strengthen your breathing and generally give yourself some care and attention - we all need some of that**

***Bring a mat and a blanket please***



**Contact Lynn 07799 197317 [lynn.patton2@yahoo.co.uk](mailto:lynn.patton2@yahoo.co.uk) for further information and to book your place**

# Phantom of the Opera Workshop

**20th May from 1pm at Rural Ronnies in Adstock**

**Come and join the Adstock Singers in singing Phantom of the Opera, as well as other pieces from the Operatic repertoire!**

**We will spend the afternoon learning and perfecting a medley of songs from Phantom of the Opera, as well as the Charles Gounod's Soldier's Chorus. Along with afternoon tea and a shared supper – please bring a plate!**

**The day will culminate in an evening concert at 7pm, which will include performances by the Adstock Singers, the Swan Singers, and Stony Harmonies.**

**All profits from this event will go towards Brain Tumour Research.**

**Tickets: £5 for participation  
£7 for the Evening Performance.**

**For more details and enquiries, please email Lucy on:**

**[lucy\\_bignall@outlook.com](mailto:lucy_bignall@outlook.com)**





# Aylesbury Waterside Theatre

Book your tickets now at  
**Aylesbury Waterside Theatre Box Office**  
Call **0844 871 7607** or visit [www.atgtickets.com/aylesbury](http://www.atgtickets.com/aylesbury)



## What's On:

- |  |  |
|--|--|
| • <b>The Shawshank Redemption</b>                    | <b>3<sup>rd</sup> April – 8<sup>th</sup> April</b> |
| • <b>A Shoddy Detective and the Art of Deception</b> | <b>22<sup>nd</sup> April</b>                       |
| • <b>Midge Ure</b>                                   | <b>29<sup>th</sup> April</b>                       |
| • <b>Northern Ballet – The Ugly Duckling</b>         | <b>1<sup>st</sup> May</b>                          |
| • <b>Around the World in 80 Days</b>                 | <b>2<sup>nd</sup> May – 6<sup>th</sup> May</b>     |
| • <b>Buddy – The Buddy Holly Story</b>               | <b>9<sup>th</sup> May – 13<sup>th</sup> May</b>    |

### The Old Thatched Inn



Gastro Pub, Adstock

Set Menu  
Weds ~ Fri Lunch  
& early Dinner

~

Friday Eve Fish Specials

~

Saturday and Sunday  
All Day Dining



## Whats On

April 7th - 10th ~ Open all over Easter

April 27th - A Taste of the Old Thatch

May bank holidays open 12-7pm with a special  
menu for the King's Coronation

**Call 01296 712 584 to make a reservation**

**Andy and the Team  
look forward to  
seeing you**

Main Street Adstock, Bucks MK18 2JN  
[info@theoldthatchedinn.co.uk](mailto:info@theoldthatchedinn.co.uk)  
[www.theoldthatchedinn.co.uk](http://www.theoldthatchedinn.co.uk)



# **PUZZLE PAGES**

On the next 2 pages are some pictures for children to colour or decorate, with the possibility of winning delicious eggs! There will be a prizes for the under 6 years and one for ages 7 and over



Please deliver the completed pictures to 1 Greenfields by 7<sup>th</sup> April, and the delicious prizes will be delivered to the lucky winners on 8<sup>th</sup> or 9<sup>th</sup> April.

Please find below the answers to the Cryptic Puzzle in the February / March edition of the Clarion

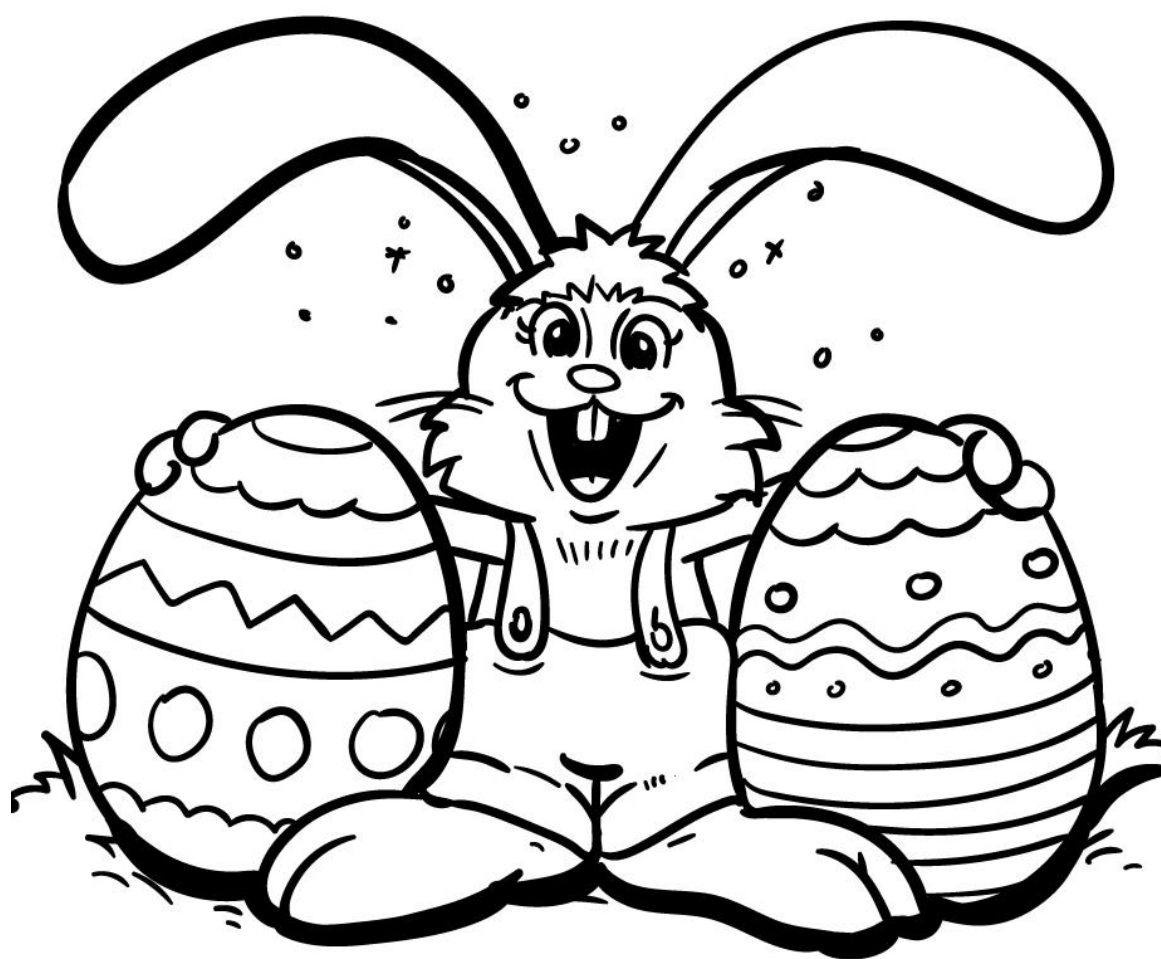
1.	Not the Oldies	<i>The News</i>
2.	Highest Cog	<i>Top Gear</i>
3.	A Labrador on your wrist?	<i>Watchdog</i>
4.	Ancient act on the street	<i>Antiques Roadshow</i>
5.	Humpty Dumpty and family	<i>Eggheads</i>
6.	Lead jacket required in this department	<i>X-Ray</i>
7.	Where the chain broke?	<i>The Weakest Link</i>
8.	The American check	<i>The Bill</i>
9.	Female home makers at wit's end	<i>Desperate Housewives</i>
10.	The Queen	<i>ER</i>
11.	A battle of a place	<i>Waterloo Road</i>
12.	Double move	<i>Relocation Relocation</i>
13.	Cockneys	<i>EastEnders</i>
14.	It's just below freezing	<i>A Touch of Frost</i>
15.	Prepared unwavering chef	<i>Ready Steady Cook</i>
16.	TV's fat people	<i>Teletubbies</i>
17.	Distribute the cards or not?	<i>Deal or No Deal</i>
18.	Hymns and psalms	<i>Songs of Praise</i>
19.	Money in the loft	<i>Cash in the Attic</i>
20.	Next door either side	<i>Neighbours</i>
21.	Reverse intelligence	<i>QI</i>
22.	Staying in	<i>Not Going Out</i>
23.	The riches of my mum and dad	<i>Family Fortunes</i>
24.	Superman, Batman, Spiderman	<i>Heroes</i>
25.	5,4,3,2,1.	<i>Countdown</i>
26.	Cathode ray indigestion	<i>TV Burp</i>
27.	Pete and Mike fighting again	<i>Men Behaving Badly</i>
28.	Wonderful view	<i>Panorama</i>
29.	Horticulturist's planet.	<i>Gardener's World</i>
30.	Final drink of the season	<i>Last of the Summer Wine</i>

## **Colouring Competition for those aged 6 years and under**

*Please print off the egg, colour it in and when completed deliver to 1 Greenfields.*

*The closing date is 7<sup>th</sup> April.*

The winner of the colouring competition will be chosen by someone who does not live in Adstock and will only be told the age of the artist. They will receive a delicious Easter egg delivered on the 8<sup>th</sup> or 9<sup>th</sup> April.



***Completed by:***

***Name:***

***Address:***

***Age:***

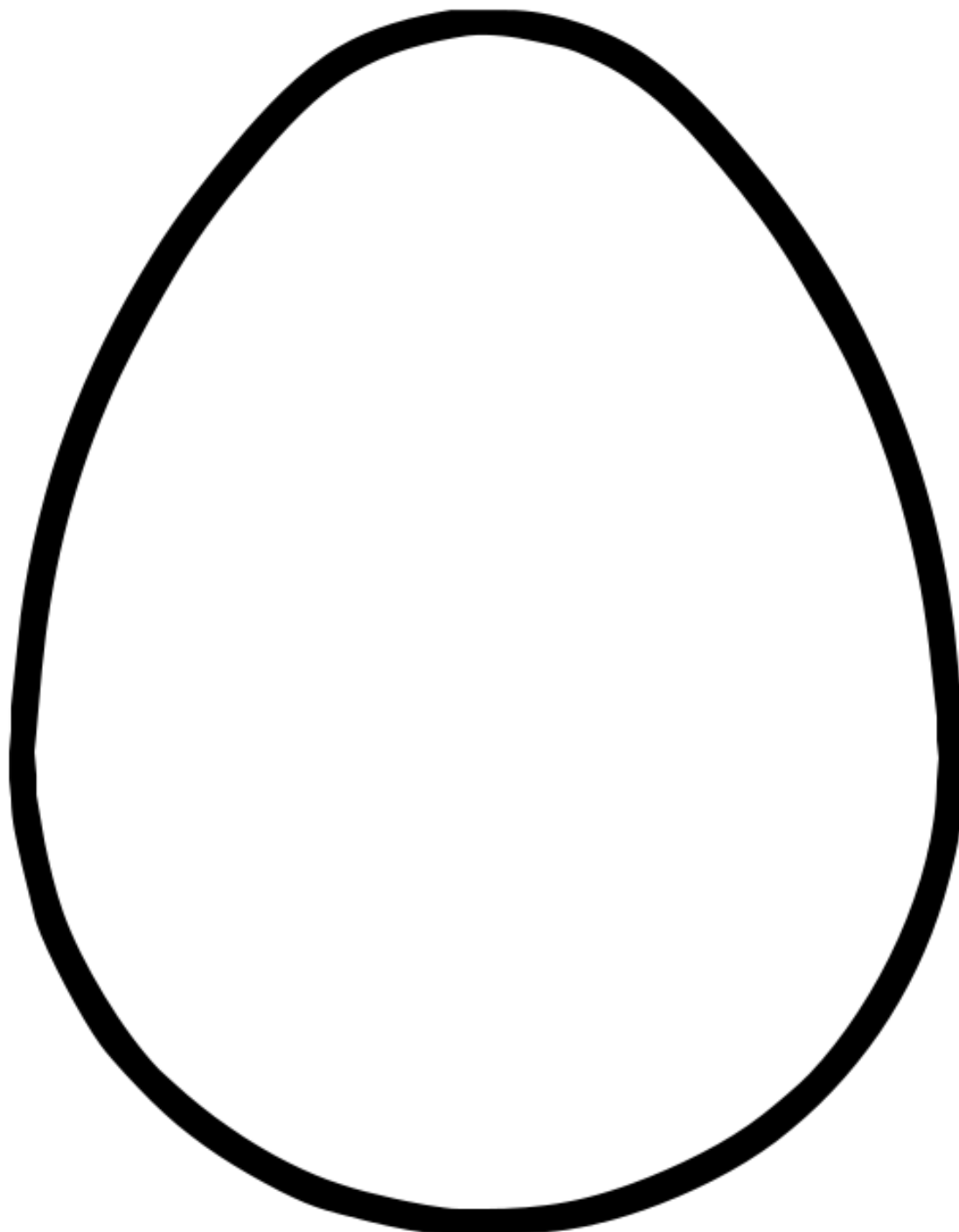
## Competition for those aged 7 and over

*This Easter egg has not been decorated. Please can you decorate it?*

*When you have finished, please deliver to 1 Greenfields.*

*The closing date is 7<sup>th</sup> April.*

The winner will be chosen by someone who does not live in Adstock and will only be told the age of the artist. They will receive a delicious Easter egg as a prize, delivered on the 8<sup>th</sup> or 9<sup>th</sup> April.



**Completed by:**

**Name:**

**Age**

**Address:**



Date	April Events	Place	Time
2 <sup>nd</sup>	Holy Communion	St Cecillas	9am
7 <sup>th</sup>	Good Friday		
9 <sup>th</sup>	Easter Sunday Service	St Cecillas	10.30am
10 <sup>th</sup>	Easter Monday		
12 <sup>th</sup>	Book Club	Contact Jill Lord	7.30pm
15 <sup>th</sup>	Hardy Plant Society Talk – Composting by Rod Weston	East and Botolph Claydon Village Hall	2.15pm
16 <sup>th</sup>	Morning Worship	St Cecillas	10.30am
20 <sup>th</sup>	Coffee Morning	Village Hall	11am – 12.30pm
20 <sup>th</sup>	Science Club – talk by resident Rob Beadel called 'You must go on!' from 1963 study on Obedience	1 Greenfields	7.30pm
22 <sup>nd</sup>	Darts & Chilli Night	Village Hall	7 for 7.30pm
26 <sup>th</sup>	History Club Quiz	Start Point, East Street	7.30pm
27 <sup>th</sup>	Spring –clean-up Day	Church yard	5pm-7.30pm
30 <sup>th</sup>	Race Night	The Thatched	7 for 7.30pm
	<b>May Events</b>		
2 <sup>nd</sup>	Parish Council Meeting	Village Hall	8pm
6 <sup>th</sup>	Coronation		
7 <sup>th</sup>	Holy Communion	St Cecillas	9am
17 <sup>th</sup>	History Club	1 Greenfields	7.30pm
18 <sup>th</sup>	Coffee Morning	Village Hall	11am – 12.30pm
18 <sup>th</sup>	Science Club	1 Greenfields	7.30pm
20 <sup>th</sup>	Phantom of the Opera Workshop Performance	Rural Ronnies	1pm 7pm
21 <sup>st</sup>	Morning Worship	St Ceclias	10.30am
24 <sup>th</sup>	Book Club	Contact Jill Lord	7.30pm
27 <sup>th</sup>	Plant sale and Dahlias Talk – Hardy Plant Society	East and Botolph Claydon Village Hall	1.30pm



	Weekly Events		
Monday	Karate Fit	Adstock Fields	From 7pm
Wednesday	Pilates	Village Hall	9.30am
Thursday	Hatha Yoga Classes	Village Hall	9.30-10.30am
Thursday	Choir	Contact Lucy Bignall	

## LOCAL CONTACTS FOR FURTHER INFORMATION

**Adstock Singers**

**Adstock Orchard Bookings**

**Book Club**

**Karate Fit**

**History Club**

**Pilates**

**Piano and Violin Lessons**

**Science Club**

**Yoga**

**Lucy Bignall**

**[www.adstockistan.com/calendar](http://www.adstockistan.com/calendar)**

**Jill Lord**

**Tom**

**Jenny Stuart**

**Heather Brogden**

**Lucy Bignall**

**Marius Stuart**

**Lynn**

**07798 504410**

**07540 990567**

**07974 929961**

**01296 712561**

**07900 138314**

**07798 504410**

**01296 712561**

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Our Deli counter offers a wide range of cooked meats, free range eggs and a selection of honey.

**We deliver to Adstock every Thursday morning, please email or text to be added to the round.**  
Product list here - [www.karlsbakery.co.uk/products](http://www.karlsbakery.co.uk/products)



*Birthday Cakes  
Made to Order*

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[karlsbakery@gmail.com](mailto:karlsbakery@gmail.com) ~ [www.karlsbakery.co.uk/](http://www.karlsbakery.co.uk/)  
Mobile: 07917 002800 ~ Shop: 01296 730134

Opening Hours  
Weekdays 7.00am to 1.00pm ~ Saturday 7.00am to 12.30pm

## **Hardy Plant Society, Buckinghamshire and Oxfordshire Branch**



### **Talk by Rod Weston on Composting**

**Saturday April 15<sup>th</sup> at 2.15pm**

**East and Botoolph Claydon Village Hall, Botoolph Claydon, MK18 2LR**



Rod Weston is a Master Composter and works in the Master Composter Project for Leicestershire County Council. He contributes to the Composting Chronicle and runs a Compost Demonstration Site in Stokes Wood, Leicestershire. He also runs the Carry On Composting website, won the Green Footprints Award in 2011 and the National Allotment Society Jim Tandy Award in 2022.

He brings his unique knowledge to us to cover this ever fascinating and complex subject, including getting the mix right, hot compost garden waste, food composting, liquid feeds and wormeries.

He will be telling us how to make our own great compost (like Black Forest Gateau) and answering our questions. A unique chance to hear an expert at the top of his game.



---

**Date for your diary: May 27<sup>th</sup>**

#### **Plant Sale**

**George Lockwood on Dahlias in the Garden.**

George will cover everything you need to know about Dahlias.

**Members and non-members welcome ~ Cost £4 on the door plus refreshments ~ Please bring cash**

# ADVERTISEMENTS

## Advertising in the Adstock Clarion

If you wish to feature your event, service or business in the Clarion and Calendar notice which are:


- *sent out at the end of alternate months*
- *emailed to over 165 Adstock residents*
- *promoted on the Adstock Facebook page*

### The Cost will be:

- **For Villagers** - £5 for one Adstock Clarion and one Calendar issue  
£25 for the year – (6 issues of the Adstock Clarion and Calendar notices)
- **For External Businesses** - £10 for one Clarion and one Calendar issue  
£50 for the year (6 issues of the Adstock Clarion and 6 Calendar notices)
- *Village events will continue to be advertised free of charge*

**Please contact Claire or Jenny for more details or to place an advert.**  
Help with designing ads is also available

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Email: [icarnell22@gmail.com](mailto:icarnell22@gmail.com)





**SUNDAY 30<sup>th</sup>  
April 7.00pm**

**First race 7.30pm**

**Old Thatched Inn - Adstock  
PLEASE BOOK EARLY LIMITED  
SPACES**

**Tickets £17.50 includes  
2 course buffet**

**RACE SPONSERSHIP AVAILABLE £70  
Includes name in race card plus  
horse ownership in one race.**

**RACE HORSE OWNERS £25 - if your horse wins receive £70  
2<sup>nd</sup> place £40. Name your horse!**

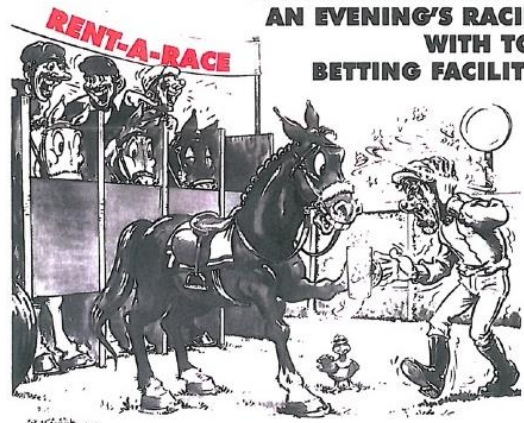
**Fancy being a JOCKEY £5 - if your horse wins receive £15  
2<sup>nd</sup> place £10**

**For tickets, sponsorship, owners/jockeys please contact  
SIMON WALKER 07901 854623 or 01296 713397  
email [simon@directadhesives.co.uk](mailto:simon@directadhesives.co.uk)**

**Beneficiaries: *Max Judge mobility fund and other local charities***

# **RACE NIGHT**

**ALL THE EXCITEMENT OF  
AN EVENING'S RACING  
WITH TOTE  
BETTING FACILITIES**



Date of Showing SUNDAY 30<sup>th</sup> APRIL  
Place of Showing OLD THATCHED INN  
First Race Starts at 7.30 pm.